Risk Assessment

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| **Location**: Blair Atholl Estate | **Activity**: Atholl Experience |
| **Team Leader**: Jamie Stewart | **Staff Present on Activity**: Elliot Wilkins, Alex Ewart, Izaak McNee, Molly Munro, Fraser O'Brien, Paris Grierson, Gavin Hugh, Patrick KnÃppe, Tobias Langelage, Jamie Stewart |
| **Nearest A & E**: Perth | **Person in charge in absence of Team Leader**: TBC |
| **Verbal Instructions given**:Each obstacle will be demonstrated to the participants prior to them attempting it. They will be told to be careful of mud in the eyes or mouth. |  |

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| **Hazard** | **Location of Hazard** | **Who could be harmed?** | **Level of Risk** | **Controls** | **Implementation/ monitoring** |
| Tripping and falling | Throughout activity | Staff or Participants | Low | When running during activity, remind everyone to watch where they are placing their feet | Staff will check participants are being careful during the activity |
| Cuts | Throughout activity | Staff or participants | Medium | If you get cut and it bleeds during the activity, inform staff or team leader. | All injuries, regardless of severity or incident, will be checked by staff |
| Mud in mouth or eyes | Throughout activity | Staff or participants | High | The nature of the Atholl Experience is to get muddy, however make sure eyes and mouth are closed during times of mud. If mud does get in eyes or mouth, inform member of staff | Staff will regularly check for any issues |
| Nettle stings | Throughout activity | Staff or Participants | Low | Watch out for nettles during activity, avoid when possible. If you get stung and irritations continues, please inform member of staff. | Site will be assessed for any potential issues and will be removed if possible |
| Getting cold | Throughout activity | Staff or Participants | Low | If you begin to get cold due to wet clothing, keep moving. If you are too cold to carry on, informs member of staff. | Staff will look out for any participants who look cold/unwell |
| Falling from obstacles | Throughout Activity | Staff or Participants | Medium | Staff will be there to keep an eye on obstacles which could involve a fall. If you do fall, and hurt yourself, inform a member of staff rather than attempt to carry on. | Regular checks to ensure participants are following safety rules and are not putting themselves and others in danger. |
| Irritation from mud after/ during activity | Throughout activity and camp | Staff or participants | Medium | Wash off all mud straight after activity, If possible. | Ensure all participants wash up after activity. |
| Covid/Illness | Throughout activity | Staff or Participants | Medium | Participants who are not feeling well should inform a member of staff | Health and safety will be checked throughout activity. |
| Water | River - Towards the end of Activity | Staff or Participants | High | All participants will be reminded of water safety and the area of water to stay within | Staff will ensure all members stay within a designated area. |
| Heat/Dehydration | Throughout activity  | Staff or Participants | Low | All staff/participants will be asked to have a water bottle with them. Spare water will be on the activity if needed. | Staff will check that participants have water with them. |

Dated: 11th July 2022 (any amendments will also be dated)

Method Statement.

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| Activity | Atholl Experience |
| Description of Activity | A purpose-built obstacle course with a theme, taking place at Blair Atholl Patrol Jamborette in 2018. |
| Location Of Activity | Target Park and the Blair Atholl Estate in Blair Atholl, Perthshire, Scotland |
| Environmental Conditions | Activity can be completed in any weather, but extra care/steps will be taken if weather conditions are deemed to be hazardous or could risk safety |
| Protection of Others | Most of the activity, members of the public will be avoided. Other staff will be made aware of where the activity is taking place. |
| Emergency Procedures | If anyone is injured, they will be sent to the first aid tent aided by another, or depending on the severity of the emergency, someone will be sent to bring the first aid up to where the incident has occurred.  |
| Participants Experience  | No training or certification required; it will be done as part of the activity |
| Requirements for Personal Protective equipment | None |
| Equipment used | Various including nets to crawl under, planks to walk on and tarpaulins to slide down. Safety precautions and restrictions will vary depending on the site and the ground. |
| Materials Information | Materials being sourced and brought by different members of Atholl Experience staff. Some equipment maybe stored in containers that is being brought up to the camp. |
| Activity Sequence | Staff will collect participants from Subcamps. They will be briefed about the safety and theme of the activity. Groups will be split into two, or three smaller groups and will rotate around the different elements of the course.  |
| Safety checks | Various safety checks will be carried out before, during and after the activity. Participants will be told to keep their mouths and eyes closed when there is mud around. Any participant who is not feeling well or have hurt themselves should inform a member of staff. They will also be told to tread carefully when they are walking on an obstacle in muddy shoes which could make them slip or fall. Obstacles will be explained and demonstrated by staff to show how the activity is to be done safely. |
| Deviations from Method Statement | Method Statement may need to be updated before start of activities to ensure whether what has been set out can be done.  |
| Any other information |  |
| Dated  | 11th July 2022 |