

Risk Assessment - Kayaking & Canoeing

Activity Name Kayaking & Canoeing **Activity Leader** Kenneth Foggo
Number Of Leaders Tum: 3 Fsk: 7 **Permit Holders/ Activity Helpers** B.A. Watersports Staff Team
Anticipated Participants Tum: 8 Fsk: 28 **Location** Loch Tummel
 Loch Faskally

Resources to be used

Closed cockpit kayaks, single person sit-on Kayaks, double person sit-on kayaks, Canadian canoes, paddles, Buoyancy aids, Helmets

Additional equipment provided by individuals including, safety equipment, rescue equipment, emergency equipment (including first aid kit), games equipment and personal Boats/Paddles/BAs/Helmets (if applicable)

Risks

Hazard Identified	Persons At Risk	Risk Controlled	Person Responsible	Likelihood
Slips, trips and falls	All	Any risk areas to be identified by activity leader during inspection and notified to activity helpers and participants. Suitable footwear to be encouraged for arrival/egress form	Activity Leader	3
Drowning	All	Everyone to wear correctly sized and fitted buoyancy aids. Capsize drill to be discussed/taught before going on the water. Competent and trained activity leader and activity helpers - rescue techniques to be discussed in advance.	On-water Permit Holders supported by on-water Activity Helpers	2

Struck by object (e.g. paddle)	All	Everyone to be reminded of 'personal space' and being aware of where their paddle is. Helmets required by young people at Faskally. Permit holder to make judgment (based on activity) for helmet use at Tummel. Staff to wear helmets and 'lead by example'.	Permit Holders supported by Activity Helpers	4
Infection (not including Covid-19)	All	Any/all pre-existing cuts to be covered and reported to a Permit Holder/Activity Helper. Any new cuts or broken skin to be covered and reported to the Permit Holder/Activity Helper.	Permit Holders supported by Activity Helpers	3
Lifting/moving objects	All	Proper carrying technique instructed. Canoes carried in pairs.	Permit Holders and Activity Helpers	3
Submerged/bank side obstacles	All	Potential dangers to be identified Permit Holders during inspection and notified to Activity Helpers and participants. Participants warned of difficult or dangerous areas to be avoided.	Permit Holders	2
Water depth	All	Participants to be in a craft if on the water (not swimming/standing) except during a capsize/rescue situation. Depth of water to be ascertained by Permit Holder before beginning game/challenge with has a risk of a fall into water from height.	Permit Holders	2
Wildlife (e.g. swans)	All	All attendees warned to avoid any local wildlife. Permit Holders to identify any nests etc during inspection and notify Activity Helpers of areas to avoid. Wildlife to be scared to another area of the lake by Permit Holders/Activity Helpers as a last resort.	Permit Holders supported by Activity Helpers	1

Mud/other water bodies	All	Boundaries for the event to be clearly set and marked. Hazards or risk areas to be identified by the Permit Holders and communicated to all others	Permit Holders	1
Hyperthermia, hypothermia and exposure	All	Foil blankets and vehicle to be available. Water to be available. First Aided to be present at each site and to have a first aid kit available. All young people and adults to be appropriately briefed on symptoms of hyperthermia, hypothermia and exposure	Permit Holders and Activity Helpers	3
Weather conditions	All	Continuous dynamic risk assessment to be used by Permit Holders to assess if conditions are safe enough. Participants to be returned to site if weather is poor as greater protection is available there.	Permit Holders supported by Activity Leader	4
Entrapment in boat	All in kayaks	Capsize drill to be taught/discussed ahead of getting on the water. All instructed how to safely exit boats. Permit Holders and Activity Helpers to maintain oversight	Permit Holders supported by Activity Helpers	1
Paddling injuries (pulled muscle etc)	All	Warm up and warm down for all participants and adults.	Permit Holders and Activity Helpers	3
Lack of toilet facilities	All	All to be encouraged to use the facilities before departing the main site. Option of chemical toilet at Tummel to be considered.	Activity Leader, Permit Holders and Activity Helpers	3

Pre-existing medical conditions	All	Participants to be requested to notify these to a Permit Holder or Activity Helper as they leave Subcamp. Permit Holder to ask again at the beginning of session. If Permit Holder has any concerns these are to be discussed with the camp first aider/doctor.	Permit Holders and Activity Helpers	2
Remoteness including lack of phone signal (for gaining emergency assistance)	All	In an emergency it may not be possible to contact the main site or the emergency services. A vehicle will remain with the activity at all times for quick evacuation to either the main site, hospital or a location with adequate phone reception.	Activity Leader	3
Lack of a secure changing area	All	Participants to be instructed not to bring valuables to Faskally site where possible. Any valuables which are brought and cannot be taken on the water, should be locked inside site emergency vehicle.	Activity Leader	4