# Risk Assessment – Explorer Trek, Team Games Base

## Written by Craig Peters on 11/06/2022

| **Hazard Identified & Risks from It?** | **Who is at Risk?** | **How are the risks controlled?** | **What has changed that needs to be thought about and controlled?** |
| --- | --- | --- | --- |
| Slips, trips and falls, risk of injury. | Young People | * Staff must check that playing area is clear of trip hazards.
* Staff must check that young people are wearing suitable footwear before starting the activity.
 |  |
| Injury from contact with other players or games equipment. | Young People | * Staff must make sure that all young people understand the rules of the game before starting.
* Staff must check that suitable equipment is being used for the game (solid footballs vs. softer ones etc.).
* Staff must supervise the game and stop if the rules are not being followed.
 |  |
| Dehydration and Heat Exhaustion | Young People | * Staff to check that young people bring a full water bottle with them to the activity.
* Staff to monitor young people throughout the activity and advise anyone who is overheating to rest in the shade and drink water.
 |  |
| Sunburn | Young People | * If weather is sunny, or forecast to be sunny, staff to check that young people are wearing sun cream.
 |  |
| Cold and Hypothermia | Young People | * If weather is wet or forecast to rain, staff to check that young people have brought a waterproof jacket to the activity.
* Staff to check the young people are suitably clothed for the weather conditions, e.g. have jumpers / jackets with them.
* Shelter to be available at the activity location, e.g. event shelter.
 |  |